

"In the classroom. students whose inner voices are ones of optimism are far more likely to succeed in school and in life."

influences

"Although ...places, policies, programs and process all play important roles in student achievement, it is the teacher who makes the critical difference in student success or failure."

Book summary -"What students say to themselves: Internal dialogue and school success" by W.W. Purkey (20000

Success and failure at school

altered by

"Everything and everyone in and around a school contributes to a student's perceptions of their own adequacy or inadequacy."

Teacher:

Positive self

concept

"The biggest challenge in education is not to enhance positive internal dialogue; the biggest challenge is to reduce or ameliorate self-defeating inner conversations."

Parents, teachers, peers **Self Talk** Influenced by and how they think and act towards the student

> "Structuring experiences that reduce counterproductive, faulty self-talk whilst inviting students to define themselves in positive. realistic ways."

Do I generally make positive comments on written work?

Do I give extra support to students who need extra encouragement?

Do I value student effort as much as student achievement?

Do I hold high, consistent expectations for good social behaviour?

Do I set tasks that are within the abilities of the student?

Bad Whispers (sudents):

I am too shy to make I will never finish. There is not a creative bone in my body. I know it won't work. Nothing works for me

Worthlessness Pessimism Rejection Defeat

Good Whispers (students):

becomes

Self-fulfilling prophecy

Ingredient of

I feel part of this group.

I can make a difference. I'm making progress. I'll do better next time. I can be creative when I try.

Let's give it a try. This isn't working. I'll try something else.

Confident Competent **Accept limitations**

Remember Blue Leader One? Blue cards represent hope, optimism, respect... Orange cards- unable, worthless, irresponsible

Bad Whispers (teachers):

Nothing works for me Don't want to learn. Here to cause trouble. *Unmotivated*

Good Whispers (teachers):

altering

I know what I am talking about. This is important. I enjoy teaching this..

Positive student evaluations